

PHILLY STEAK SUB WITH CORN CHIPS AND COOKIE



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-20168
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL SEAS CKD 2.86Z 6-5 JTM	3 Ounce		720861
White Wheat Sub Bun	1 Each		31454
CHIP CORN FUN SZ	1 Package	READY_TO_EAT Use Code date on bag to rotate product so that the oldest product is consumed first. Place in box lunch or on tray unopened	158763
DOUGH CKY CHOC CHP	1 Each		223859

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.055
Grain	3.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		547.02	
Fat		24.13g	
SaturatedFat		8.18g	
Trans Fat*		0.53g	
Cholesterol		46.10mg	
Sodium		879.14mg	
Carbohydrates		60.08g	
Fiber		3.50g	
Sugar		16.05g	
Protein		21.25g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	93.27mg	Iron	3.56mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available