

ITALIAN MEATBALL SUB WITH CORN CHIPS AND COOKIE



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-20169
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
White Wheat Sub Bun	1 Each		31454
MEATBALL CKD .65Z 6-5 COMM	4 Each		785860
SAUCE SPAGHETTI POUCH	1/4 Cup		315729
CHIP CORN FUN SZ	1 Package	READY_TO_EAT Use Code date on bag to rotate product so that the oldest product is consumed first. Place in box lunch or on tray unopened	158763
DOUGH CKY CHOC CHP	1 Each		223859

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	3.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.565
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		589.00	
Fat		25.25g	
SaturatedFat		8.44g	
Trans Fat*		0.60g	
Cholesterol		41.00mg	
Sodium		956.00mg	
Carbohydrates		69.50g	
Fiber		6.00g	
Sugar		21.00g	
Protein		21.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	152.00mg	Iron	3.62mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available