

TURKEY, BACON ON A PRETZEL BUN



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-20281
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BACON CKD RND	1 Gram		433608
BUN HAMB PRTZL SLCD 3.2Z	1		141670
TURKEY BRST DELI 40 COMM	3 1/2 Ounce		110550

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		376.67	
Fat		9.21g	
SaturatedFat		2.31g	
Trans Fat*		0.00g	
Cholesterol		62.50mg	
Sodium		865.94mg	
Carbohydrates		47.19g	
Fiber		2.00g	
Sugar		4.00g	
Protein		26.02g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	11.00mg	Iron	2.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available