

HOMEMADE TURKEY AND NOODLES WITH PB SANDWICH HALF



Servings:	485.00	Category:	Entree
Serving Size:	1.00 Cup	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-22093
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BASE CHIX	1 1/3 Cup	READY_TO_EAT Prepare this roasted chicken base as directed to add a mild poultry flavor to signature soups and stews to give your operation a competitive edge. It saves on back of house preparation by providing a homestyle flavor without the stock pot.	439606
PASTA NOODL KLUSKI 1/8IN	20 Pound		270385
School White Wheat Sandwich Bread	288 Slice	READY_TO_EAT	12385
Frozen, Ready to cook Grade A turkey roast from breast, thigh meat & skin.	40 Pound	CONVECTION	100125
SALT IODIZED	1 Tablespoon 1 Teaspoon (4 Teaspoon)	READY_TO_EAT used to salt food	350732
Cold Water	12 Gallon		0000
PEANUT BUTTER SMOOTH 6-5 COMM	1 Gallon 1 Pint 1/4 Tablespoon (288 Tablespoon)		110780

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	2.722
Grain	2.111
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 485.00			
Serving Size: 1.00 Cup			
Amount Per Serving			
Calories		224.99	
Fat		8.84g	
SaturatedFat		1.92g	
Trans Fat*		0.00g	
Cholesterol		34.81mg	
Sodium		251.13mg	
Carbohydrates		23.42g	
Fiber		1.85g	
Sugar		1.68g	
Protein		13.58g	
Vitamin A	0.01IU	Vitamin C	0.00mg
Calcium	18.36mg	Iron	1.02mg
*All reporting of TransFat is for information only, and is not used for evaluation purposes			

Nutrition - Per 100g

No 100g Conversion Available	
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