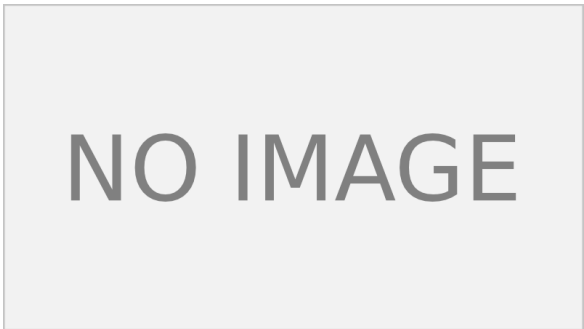


WILLIAMSBURG INN TURKEY SOUP



Servings:	20.00	Category:	Entree
Serving Size:	1.00 cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22839
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY PULLED WHT CKD 2-5 GCHC	2 Pound		211729
CELERY DCD 1/4IN	1 1/2 Cup		198196
CARROT MATCHSTICK SHRED	1 1/2 Cup		198161
RICE BRN PERFECTED 25 UBEN	1/3 Cup	SIMMER PER DIRECTIONS: BOIL WATER. ADD RICE, BUTTER OR MARGARINE, AND SALT. COVER TIGHTLY & SIMMER 20 MINS OR UNTIL LIQUID IS ABSORBED. TRANSFER TO SERVING PAN. FLUFF W/FORK BEFORE SERVING.	146404
BUTTER PRINT SLTD GRD AA	1 Cup		191205
CREAMER HLF HLF	1 Pint	READY_TO_EAT Whitening coffee, cooking applications	487961
BROTH CHIX NO MSG	3 Quart		261564
SEASONING POULTRY	1/2 Teaspoon		273996
FLOUR A/P PASTRY	1 1/2 Cup		260231

Description	Measurement	Prep Instructions	DistPart #
DOUGH CROISSANT 120-2.25Z GCHC	20 Each		290718

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.132
Fruit	0.000
GreenVeg	0.000
RedVeg	0.103
OtherVeg	0.075
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 20.00			
Serving Size: 1.00 cup			
Amount Per Serving			
Calories		455.64	
Fat		25.70g	
SaturatedFat		15.22g	
Trans Fat*		0.05g	
Cholesterol		114.93mg	
Sodium		649.95mg	
Carbohydrates		33.43g	
Fiber		1.68g	
Sugar		5.40g	
Protein		19.38g	
Vitamin A	1646.77IU	Vitamin C	0.87mg
Calcium	63.30mg	Iron	1.93mg
*All reporting of TransFat is for information only, and is not used for evaluation purposes			

Nutrition - Per 100g

No 100g Conversion Available	
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