

CORN CHIP SALAD WITH BANANA MUFFIN



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-30590
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Homemade Corn Chip Salad Dressing	2 1/2 Serving		R-26283
LETTUCE ROMAINE RIBBONS	1 Pint		451730
CHEESE CHED MLD SHRD 4-5 LOL	1/4 Cup		150250
EGG HARD CKD PLD DRY PK	1 Each		853800
BACON TOPPING 3/8IN DCD	1/4 Cup	BAKE Fully cooked. Serve warm or cold. Simply open package and portion as needed.	104396
CHIP CORN	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	105040
MUFFIN BAN WGRAIN IW	1 Each		557981

Preparation Instructions

Place Romaine in salad container. Chop egg and place in cup and place in salad container. May cup cheese and bacon if you wish or add to romaine. Serve with Homemade Corn chip Salad Dressing. Serve with Corn chips that customer will lightly crush and add to salad right before eating.

Meal Components (SLE)

Amount Per Serving	
Meat	2.500
Grain	2.250
Fruit	0.000
GreenVeg	1.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Each			
Amount Per Serving			
Calories		723.26	
Fat		42.45g	
SaturatedFat		15.56g	
Trans Fat*		0.05g	
Cholesterol		295.55mg	
Sodium		1250.95mg	
Carbohydrates		57.48g	
Fiber		5.00g	
Sugar		24.68g	
Protein		29.16g	
Vitamin A	12.09IU	Vitamin C	0.04mg
Calcium	318.20mg	Iron	1.95mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available	
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