

TOASTED HAM AND CHEESE SANDWICH with POTATO CHIPS



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-31252
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM VIRGINIA BKD DELI SLCD	2 Ounce		680656
School White Wheat Sandwich Bread	2 Slice	READY_TO_EAT	12385
CHIP POT REG	1 Ounce	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	105110
CHEESE COLBY JK SLCD	1 Each		105988

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.250
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		350.00	
Fat		15.50g	
SaturatedFat		4.50g	
Trans Fat*		0.00g	
Cholesterol		40.00mg	
Sodium		865.00mg	
Carbohydrates		36.00g	
Fiber		10.00g	
Sugar		1.00g	
Protein		21.00g	
Vitamin A	50.02IU	Vitamin C	0.00mg
Calcium	189.18mg	Iron	2.24mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available