

Pasta Plate



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-32553
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Homemade Macaroni Salad	1 Serving		R-32552
CHEESE COLBY JK CUBE IW 200-1Z LOL	1 Ounce	BAKE	680130

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.800
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.133
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		686.85	
Fat		41.73g	
SaturatedFat		9.98g	
Trans Fat*		0.43g	
Cholesterol		198.67mg	
Sodium		954.66mg	
Carbohydrates		64.32g	
Fiber		1.84g	
Sugar		33.78g	
Protein		16.78g	
Vitamin A	3253.18IU	Vitamin C	1.23mg
Calcium	237.65mg	Iron	2.29mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available