

BBQ CORN CHIP SALAD DRESSING



Servings:	6.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-32563
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SUGAR BEET GRANUL	1/4 Cup		108588
OIL SALAD VEG SOY CLR NT	1/4 Cup		292702
VINEGAR APPLE CIDER 5	1 1/2 Tablespoon		430795
Tap Water for Recipes	1 Tablespoon	UNPREPARED	000001WTR
SALT IODIZED	1/4 Teaspoon		350732
SPICE ONION POWDER	1/4 Teaspoon		126993
DRESSING SALAD	1 Tablespoon		107042
MUSTARD YELLOW PREP 6-40Z GCHC	2 Teaspoon		855010

Preparation Instructions

Blend well in a blender.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 6.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories	127.81		
Fat	10.28g		
SaturatedFat	1.47g		
Trans Fat*	0.01g		
Cholesterol	1.33mg		
Sodium	145.68mg		
Carbohydrates	8.50g		
Fiber	0.03g		
Sugar	8.17g		
Protein	0.08g		
Vitamin A	1.89IU	Vitamin C	0.04mg
Calcium	1.11mg	Iron	0.05mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available