

SIX LAYER SALAD DRESSING



Servings:	4.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-32569
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DRESSING SALAD	1 Cup		107042
SOUR CREAM	1/4 Cup	READY_TO_EAT Served as a topping on a hot or cold meal	285218
MUSTARD DIJON PLAS	2 Teaspoon		312267

Preparation Instructions

Mix ingredients until blended.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 4.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		252.50	
Fat		22.90g	
SaturatedFat		4.95g	
Trans Fat*		0.32g	
Cholesterol		42.00mg	
Sodium		589.30mg	
Carbohydrates		9.00g	
Fiber		0.00g	
Sugar		5.00g	
Protein		0.90g	
Vitamin A	41.12IU	Vitamin C	0.04mg
Calcium	30.12mg	Iron	0.16mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available