

BACON, EGG AND CHEESE ON A BISCUIT



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-4110
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH BISC HMSTYL	1 Each	Place 28 on a large sheet pan lined with parchment paper. Thaw overnight in cooler. Bake at 350 for 10-14 minutes.	504076
CHEESE AMER 160CT SLCD R/F	1 Slice	READY TO EAT Pre-sliced Use Cold or Melted	722360
BACON CKD RND	1 Piece	BAKE Fully cooked. Simply heat and serve.	433608
EGG PTY RND 3.5IN	1 Each		741320

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.500
Grain	2.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		309.17	
Fat		16.33g	
SaturatedFat		7.38g	
Trans Fat*		0.00g	
Cholesterol		103.75mg	
Sodium		927.50mg	
Carbohydrates		30.00g	
Fiber		1.00g	
Sugar		2.50g	
Protein		9.83g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	144.00mg	Iron	2.20mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available