

NASHVILLE HOT CHICKEN POPPERS



Servings:	1.00	Category:	Entree
Serving Size:	15.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-35486
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST CHNK BRD WGRAIN HOT	15 Each	CONVECTION Appliances vary, adjust accordingly. Convection Oven Preheat oven to 375°F. Place frozen chunks on a parchment lined baking sheet and heat for 7-9 minutes.	176764

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	4.286
Grain	2.143
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 15.00 Each

Amount Per Serving			
Calories		364.29	
Fat		17.14g	
SaturatedFat		3.21g	
Trans Fat*		0.00g	
Cholesterol		85.71mg	
Sodium		900.00mg	
Carbohydrates		23.57g	
Fiber		2.14g	
Sugar		4.29g	
Protein		30.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	2.14mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available