

Macaroni Salad



Servings:	1.00	Category:	Grain
Serving Size:	0.66 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-8674
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SALAD PASTA MACAR 2-5 SANDRIDGE	2/3 Cup		524395

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.66 Cup

Amount Per Serving			
Calories		177.41	
Fat		7.92g	
SaturatedFat		1.50g	
Trans Fat*		0.00g	
Cholesterol		58.96mg	
Sodium		413.95mg	
Carbohydrates		22.88g	
Fiber		0.97g	
Sugar		10.56g	
Protein		3.96g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	19.71mg	Iron	0.79mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available