HOMEMADE LASAGNA

NO IMAGE

Servings:	24.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-38740
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
85/15 Ground Beef, Frozen	4 Pound		100158
Spaghetti Sauce	2 Quart 1 Pint 1 1/4 Cup (11 1/4 Cup)		852759
SOUP TOMATO	1 Pound 5 1/2 Ounce (21 1/2 Ounce)	UNPREPARED Slowly Mix Soup + 1 Can Water. Stove: Heat, Stirring Occasionally.	101427
Tap Water for Recipes	1 Pint 2/3 Cup (2 2/3 Cup)	UNPREPARED	
CHEESE MOZZ SHRD	3 Quart	READY_TO_EAT Preshredded. Use cold or melted.	645170
PASTA LASGN WAVY	24 Piece		772691

Preparation Instructions

Cook ground beef to an internal temp of 155 degrees. Add spaghetti sauce, tomato sauce, and water. In a 2 1/2" hotel pan, layer 4 cups meat sauce, 8 lasagna noodles, then 4 cups mozzarella cheese, 8 lasagna noodles, 4 cups meat sauce, 4 cups mozzarella cheese, then 4 cups sauce. Bake to an internal temp of 145 degrees. Top with 4 cups mozzarella and return to oven until cheese is golden brown.

Meal Components (SLE)

Amount Per Serving

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Meat	3.750		
Grain	0.500		
Fruit	0.000		
GreenVeg	0.000		
RedVeg	0.250		
OtherVeg	0.000		
Legumes	0.000		
Starch	0.000		

Nutrition Facts

Servings Per Recipe: 24.00 Serving Size: 1.00 Each

Amount Per Serving					
Calories		495.22			
Fat		25.38g			
SaturatedFat		10.98g			
Trans Fat*		1.99g			
Cholesterol		81.74mg			
Sodium		957.88mg			
Carbohydrates		34.35g			
Fiber		1.72g			
Sugar		10.81g			
Protein		33.75g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	443.42mg	Iron	1.57mg		

^{*}All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available