

NACHO CHIPS



Servings:	1.00	Category:	Grain
Serving Size:	2.00 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-39720
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL RND YEL	2 Ounce		163020

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	2.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving			
Calories	240.00		
Fat	9.00g		
SaturatedFat	1.00g		
Trans Fat*	0.00g		
Cholesterol	0.00mg		
Sodium	150.00mg		
Carbohydrates	40.00g		
Fiber	4.00g		
Sugar	0.00g		
Protein	4.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	66.00mg	Iron	2.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	423.29		
Fat	15.87g		
SaturatedFat	1.76g		
Trans Fat*	0.00g		
Cholesterol	0.00mg		
Sodium	264.55mg		
Carbohydrates	70.55g		
Fiber	7.05g		
Sugar	0.00g		
Protein	7.05g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	116.40mg	Iron	3.53mg

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