

CHILI CHEESE CORN CHIPS FOR SALAD



Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-43939
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Fritos Chili Cheese Corn Chips	1 Bag		123193

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Package

Amount Per Serving			
Calories	160.00		
Fat	10.00g		
SaturatedFat	1.50g		
Trans Fat*	0.00g		
Cholesterol	0.00mg		
Sodium	210.00mg		
Carbohydrates	16.00g		
Fiber	1.00g		
Sugar	0.00g		
Protein	2.00g		
Vitamin A	0.00IU**	Vitamin C	0.00mg**
Calcium	40.00mg	Iron	0.30mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available