

SAUSAGE, EGG AND CHEESE ON A BISCUIT



| | | | |
|---------------|------------------------|----------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-4111 |
| School: | Manchester High School | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|----------------------------|-------------|--|------------|
| DOUGH BISC HMSTYL | 1 Each | Place 28 on a large sheet pan lined with parchment paper. Thaw overnight in cooler. Bake at 350 for 10-14 minutes. | 504076 |
| CHEESE AMER 160CT SLCD R/F | 1 Slice | READY TO EAT Pre-sliced Use Cold or Melted | 722360 |
| EGG PTY RND 3.5IN | 1 Each | | 741320 |
| SAUSAGE PTY CKD IQF 1.5Z | 1 Each | | 112620 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 1.750 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | | | |
|----------------------|----------|------------------|--------|
| Calories | | 485.00 | |
| Fat | | 33.00g | |
| SaturatedFat | | 13.25g | |
| Trans Fat* | | 0.00g | |
| Cholesterol | | 137.50mg | |
| Sodium | | 1270.00mg | |
| Carbohydrates | | 30.00g | |
| Fiber | | 1.00g | |
| Sugar | | 2.50g | |
| Protein | | 16.50g | |
| Vitamin A | 0.00IU | Vitamin C | 0.00mg |
| Calcium | 164.00mg | Iron | 2.50mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available