

# BACON, CHEESE EGG BITE WITH DONUT HOLES



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-45885
School:	Manchester High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT HOLE WGRAIN .41Z	4 Each		839520
Abbotsford Farms® American Humane Certified Cage Free Fully Cooked Cheese and Bacon Egg Bite, 120/1.75oz	1 Each		455682

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	1.500
<b>Grain</b>	1.250
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
<b>Calories</b>		296.67	
<b>Fat</b>		18.67g	
<b>SaturatedFat</b>		8.17g	
<b>Trans Fat*</b>		0.00g	
<b>Cholesterol</b>		115.00mg	
<b>Sodium</b>		523.33mg	
<b>Carbohydrates</b>		22.00g	
<b>Fiber</b>		1.33g	
<b>Sugar</b>		5.00g	
<b>Protein</b>		10.67g	
<b>Vitamin A</b>	0.00IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	79.33mg	<b>Iron</b>	1.57mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available