

WARM CINNAMON APPLES



Servings:	10.75	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-51358
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE FUJI FLAME ROASTED	2 Pound 8 Ounce (40 Ounce)	BAKE Food Safety Statement: KEEP FROZEN UNTIL READY TO USE IF THAWED, DO NOT REFREEZE. THAW AND SERVE Unopened package six days at =40°F. CONVECTION OVEN (optional) Bake apples at 350°F for 14-20 minutes in a single layer on a greased sheet pan.	136120
BUTTER PRINT SLTD GRD AA 36-1 GCHC	2 Fluid Ounce	UNPREPARED	191205

Preparation Instructions

SAUTE PAN: 8-10 MIN. LIGHTLY BUTTER PAN, ADD APPLES IN A THIN LAYER TO HOT BUTTER. TURN AS NEEDED. CONVECTION-350*-375*, 14 MIN. COAT 1/2 SIZE HOTEL PAN WITH NONSTICK SPRAY. ARRANGE 40Z OF APPLES IN A SINGLE LAYER. DRIZZLE 2Z MELTED BUTTER OVER APPLES. BAKE UNCOVERED. MICROWAVE (1100 WATTS): HIGHER, 12 MINUTES. PLACE 40Z OR APPLES IN LARGE MICROWAVE DISH WITH 1Z BUTTER. COVER. COOK ADDITIONAL 6 MIN. STIR &; SERVE.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 10.75

Serving Size: 0.50 Cup

Amount Per Serving			
Calories		97.55	
Fat		4.09g	
SaturatedFat		2.60g	
Trans Fat*		0.00g	
Cholesterol		11.16mg	
Sodium		204.45mg	
Carbohydrates		16.09g	
Fiber		1.01g	
Sugar		13.07g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	10.06mg	Iron	0.10mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available