

CHICKEN SALAD ON CROISSANT



Servings:	126.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8875
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CROISSANT SLCD WGRAIN 2.35Z 4-12CT SL	126 Each	BAKE CONVECTION OVEN: 1. Pre-heat convection oven to 325°F. 2. Place whole croissant on ungreased sheet pan. 3. To crisp crust and warm croissants: place in oven 4-5 minutes if frozen; 2-3 minutes if thawed. READY_TO_EAT THAWING DIRECTIONS: 1. Remove frozen croissants from packaging to enhance crispness. 2. Thaw uncovered at room temperature; 2 hours - overnight.	172172
CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	30 Pound	UNSPECIFIED Not currently available	570533
DRESSING SALAD	1 Gallon 1 Quart (20 Cup)		107042
CELERY DCD 1/4IN	1 Quart 1 Pint 1 1/2 Cup (7 1/2 Cup)		198196
MUSTARD YELLOW PREP 4- 1GAL CRWNCOLL	5 Fluid Ounce		860221
SPICE POPPY SEED WHOLE	1/4 Cup		225134

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	3.175
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.060
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 126.00			
Serving Size: 1.00 Each			
Amount Per Serving			
Calories		505.80	
Fat		27.31g	
SaturatedFat		6.94g	
Trans Fat*		0.20g	
Cholesterol		95.16mg	
Sodium		749.11mg	
Carbohydrates		34.59g	
Fiber		2.12g	
Sugar		6.66g	
Protein		28.16g	
Vitamin A	59.25IU	Vitamin C	0.25mg
Calcium	26.20mg	Iron	2.38mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available	
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