

PEANUT BUTTER SANDWICH HALF



Servings:	137.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-9291
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEANUT BUTTER CRMY	5 Pound		279013
White Wheat Sandwich Bread	137 Slice		12385

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.584
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 137.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		174.02	
Fat		9.71g	
SaturatedFat		1.89g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		221.63mg	
Carbohydrates		17.12g	
Fiber		2.37g	
Sugar		3.84g	
Protein		6.71g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	33.28mg	Iron	0.97mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available