

PHILLY CHEESESTEAK SUB



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9425
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL SEAS CKD 2.86Z 6-5 JTM	3 Ounce		720861
SAUCE CHS QUESO BLANCO FZ	1 Ounce		722110
White Wheat Sub Bun	1 Each		31454

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.550
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		357.82	
Fat		14.93g	
SaturatedFat		6.98g	
Trans Fat*		0.54g	
Cholesterol		55.60mg	
Sodium		877.39mg	
Carbohydrates		31.58g	
Fiber		2.55g	
Sugar		6.05g	
Protein		22.60g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	178.27mg	Iron	2.48mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available