

CHILI WITH CHEESE



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9445
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE CHED MLD SHRD 4-5 LOL	1/3 Cup		150250
CHILI W/O BEAN	3/4 Cup		438150

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.260
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		385.20	
Fat		25.38g	
SaturatedFat		11.67g	
Trans Fat*		0.75g	
Cholesterol		65.85mg	
Sodium		1270.80mg	
Carbohydrates		17.07g	
Fiber		3.00g	
Sugar		3.75g	
Protein		22.92g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	307.68mg	Iron	2.10mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available