

# Burrito

Servings:	114.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-51206
School:	Prairie Crossing		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Beef, Fine Ground 85/15, Frozen	10 Pound		100158
Tap Water	1 Gallon		
Tex-Pro Five Taco Filling Mix	1 Package		201183
Cheese, Cheddar Reduced fat, Shredded	7 1/8 Pound		100012
LETTUCE SHRD TACO 1/8CUT	3 Quart 1 Pint 1/4 Cup (14 1/4 Cup)		242489
TORTILLA FLOUR ULTRGR 6IN	114 Each		882690

## Preparation Instructions

- For Taco Meat:
1. Cook the beef and drain.
  2. Add the water and the taco mix, simmer. Heat meat filling to 165 degrees.
  3. Hold in hot pass thru until served.
- For burrito use a tortilla, #16 disher meat, 1 oz. shredded cheese, and top with 1 oz. of lettuce.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 114.00

Serving Size: 1.00 Each

Amount Per Serving			
<b>Calories</b>		302.64	
<b>Fat</b>		16.80g	
<b>SaturatedFat</b>		8.10g	
<b>Trans Fat*</b>		1.05g	
<b>Cholesterol</b>		47.25mg	
<b>Sodium</b>		554.64mg	
<b>Carbohydrates</b>		22.31g	
<b>Fiber</b>		4.10g	
<b>Sugar</b>		3.19g	
<b>Protein</b>		20.38g	
<b>Vitamin A</b>	0.00IU	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	25.25mg	<b>Iron</b>	1.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available