

Chicken Fajita Wrap

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-51165
School:	Benton Jr -Sr High		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHICKEN FAJITA STRIPS, COOKED, FROZEN	3 1/5 Ounce		100117
TORTILLA FLOUR ULTRGR 8IN	1 Each		882700
CHEESE CHED MLD SHRD 4-5 LOL	1 Ounce		150250

Preparation Instructions

- Thaw the chicken under refrigeration over night.
- Assemble: tortilla wrap, chicken fajita, cheese
- Wrap, Fold in ends of tortilla and roll from other end until closed
- Offer with shredded lettuce, salsa & sour cream. (Optional)
- Refrigerate until ready to serve
- Hold at 40 Degrees or less

Meal Components (SLE)

Amount Per Serving

Meat	2.750
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		339.82	
Fat		13.26g	
SaturatedFat		7.88g	
Trans Fat*		0.00g	
Cholesterol		84.65mg	
Sodium		812.35mg	
Carbohydrates		32.38g	
Fiber		4.00g	
Sugar		3.88g	
Protein		24.94g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	144.50mg	Iron	2.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available