

# Italian Sub

|               |                  |                |                  |
|---------------|------------------|----------------|------------------|
| Servings:     | 1.00             | Category:      | Entree           |
| Serving Size: | 1.00 Each        | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch            | Recipe ID:     | R-51625          |
| School:       | Prairie Crossing |                |                  |

## Ingredients

| Description                                          | Measurement | Prep Instructions | DistPart # |
|------------------------------------------------------|-------------|-------------------|------------|
| TURKEY ITAL COMBO SLCD                               | 3 Ounce     |                   | 199721     |
| Land O Lakes® 50% Reduced Fat American Cheese Slices | 1 slices    |                   | 499789     |
| BUN HOT DOG WGRAIN WHT 2Z 12-12CT                    | 1 Each      |                   | 270913     |

## Preparation Instructions

Layer 2 slices pepperoni, 2 slices ham, 2 slices salami, and 1 slice cheese on whole grain hot dog bun.  
Hold in cold pass thru at 40 degrees.

### Meal Components (SLE)

| Amount Per Serving |       |
|--------------------|-------|
| Meat               | 2.500 |
| Grain              | 2.000 |
| Fruit              | 0.000 |
| GreenVeg           | 0.000 |
| RedVeg             | 0.000 |
| OtherVeg           | 0.000 |
| Legumes            | 0.000 |
| Starch             | 0.000 |

### Nutrition Facts

| Servings Per Recipe: 1.00 |          |           |        |
|---------------------------|----------|-----------|--------|
| Serving Size: 1.00 Each   |          |           |        |
| Amount Per Serving        |          |           |        |
| Calories                  |          | 305.00    |        |
| Fat                       |          | 10.30g    |        |
| SaturatedFat              |          | 3.05g     |        |
| Trans Fat*                |          | 0.00g     |        |
| Cholesterol               |          | 65.50mg   |        |
| Sodium                    |          | 896.70mg  |        |
| Carbohydrates             |          | 29.00g    |        |
| Fiber                     |          | 3.00g     |        |
| Sugar                     |          | 6.00g     |        |
| Protein                   |          | 19.50g    |        |
| Vitamin A                 | 0.00IU   | Vitamin C | 0.00mg |
| Calcium                   | 136.67mg | Iron      | 3.02mg |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

---

No 100g Conversion Available

---