

Cookbook for Wakarusa Elementary School

Created by HPS Menu Planner

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Assorted Breakfast Items

Choice of Juice

Variety of Cereal

Chicken Quesadilla-Homemade

Seasoned Black Beans

Buttered Carrots- Wakarusa

Chicken Fried Rice

Hot Ham & Cheese Sandwich

Buttered Green Beans

Mashed Potatoes

Nacho Bean Dip

Mini Pancakes

Lasagna Roll Ups

Pop-Tart

Baked Beans- Wakarusa

Variety of Cereal (2 grain equivalent)

Buttered Broccoli- Wakarusa

Refried Beans

Muffin Choice

Buttered Corn

White Rice