

Lasagna Roll Ups

Servings:	340.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22869
School:	Wakarusa Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LASAGNA ROLL-UP WGRAIN	340 Each		234041
Spaghetti Sauce	9 #10 CAN		852759
Cheese, Mozzarella, Part Skim, Shredded	17 Pound	USDA Brown Box Commodity	100021

Preparation Instructions

1. Spray 17 4B pans well
2. Pour 2 Cups of sauce in bottom of pan
3. Lay 20 roll ups on top of sauce
4. Pour 4 Cups of sauce on top of roll ups
5. Sprinkle with 2 1/2 Cups of cheese
5. Cover with lid and bake 350 degrees for 45 minutes. or steam uncovered 2 pans 20-25 min.

Updated 2.24.25

Meal Components (SLE)

Amount Per Serving

Meat	2.750
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 340.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		346.24	
Fat		12.28g	
SaturatedFat		7.50g	
Trans Fat*		0.00g	
Cholesterol		40.00mg	
Sodium		847.81mg	
Carbohydrates		36.65g	
Fiber		2.00g	
Sugar		9.91g	
Protein		21.17g	
Vitamin A	400.00IU	Vitamin C	6.00mg
Calcium	317.12mg	Iron	1.76mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available