

Buttered Corn

Servings:	165.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-22238
School:	Wakarusa Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CORN CUT IQF	30 Pound	BAKE	285620
BUTTER PRINT SLTD GRD AA	1 Pound		191205

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

Nutrition Facts

Servings Per Recipe: 165.00			
Serving Size: 0.50 Cup			
Amount Per Serving			
Calories		116.36	
Fat		3.10g	
SaturatedFat		1.36g	
Trans Fat*		0.00g	
Cholesterol		5.82mg	
Sodium		17.45mg	
Carbohydrates		20.36g	
Fiber		0.97g	
Sugar		4.85g	
Protein		2.91g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available	
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