

# Glazed Donut



|               |                         |                |                  |
|---------------|-------------------------|----------------|------------------|
| Servings:     | 84.00                   | Category:      | Entree           |
| Serving Size: | 1.00 Each               | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast               | Recipe ID:     | R-15835          |
| School:       | ANDERSON<br>COUNTY HIGH |                |                  |

## Ingredients

| Description                         | Measurement   | Prep Instructions                                                     | DistPart # |
|-------------------------------------|---------------|-----------------------------------------------------------------------|------------|
| DONUT YST RNG WGRAIN                | 84 Each       | Pan single layer of donuts. Heat on 375 for 6 mins from frozen state. | 556582     |
| SUGAR POWDERED 6X                   | 2 Pound       |                                                                       | 108693     |
| FLAVORING VANILLA IMIT              | 1 Fluid Ounce |                                                                       | 110736     |
| Prairie Farms 1% Low Fat White Milk | 1 Each        |                                                                       |            |

## Preparation Instructions

Mix all other ingredients then put the glaze on donuts and serve.

## Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 0.000 |
| <b>Grain</b>    | 1.000 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.000 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

## Nutrition Facts

Servings Per Recipe: 84.00

Serving Size: 1.00 Each

| Amount Per Serving   |         |                  |        |
|----------------------|---------|------------------|--------|
| <b>Calories</b>      |         | 288.93           |        |
| <b>Fat</b>           |         | 15.60g           |        |
| <b>SaturatedFat</b>  |         | 7.30g            |        |
| <b>Trans Fat*</b>    |         | 0.12g            |        |
| <b>Cholesterol</b>   |         | 0.02mg           |        |
| <b>Sodium</b>        |         | 306.09mg         |        |
| <b>Carbohydrates</b> |         | 32.87g           |        |
| <b>Fiber</b>         |         | 2.50g            |        |
| <b>Sugar</b>         |         | 8.78g            |        |
| <b>Protein</b>       |         | 4.31g            |        |
| <b>Vitamin A</b>     | 0.00IU  | <b>Vitamin C</b> | 0.00mg |
| <b>Calcium</b>       | 13.88mg | <b>Iron</b>      | 1.45mg |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available