

# Cinnamon Sugar Toast



|               |                         |                |                  |
|---------------|-------------------------|----------------|------------------|
| Servings:     | 21.00                   | Category:      | Grain            |
| Serving Size: | 1.00 Each               | HACCP Process: | Same Day Service |
| Meal Type:    | Breakfast               | Recipe ID:     | R-15971          |
| School:       | ANDERSON<br>COUNTY HIGH |                |                  |

## Ingredients

| Description                    | Measurement  | Prep Instructions | DistPart # |
|--------------------------------|--------------|-------------------|------------|
| 24 OZ WGR SANDWICH BREAD (21C) | 21 1 Slice   |                   | 1292       |
| SUGAR CANE GRANUL              | 1/4 Teaspoon |                   | 108642     |
| SPICE CINNAMON GRND            | 1/4 Teaspoon |                   | 224723     |

## Preparation Instructions

Mix cinnamon and sugar. Spray bread, sprinkle with mixture and toast.2-4 mins

## Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 0.000 |
| <b>Grain</b>    | 1.000 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.000 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

## Nutrition Facts

Servings Per Recipe: 21.00

Serving Size: 1.00 Each

| Amount Per Serving   |         |                  |        |
|----------------------|---------|------------------|--------|
| <b>Calories</b>      | 70.18   |                  |        |
| <b>Fat</b>           | 1.00g   |                  |        |
| <b>SaturatedFat</b>  | 0.00g   |                  |        |
| <b>Trans Fat*</b>    | 0.00g   |                  |        |
| <b>Cholesterol</b>   | 0.00mg  |                  |        |
| <b>Sodium</b>        | 75.00mg |                  |        |
| <b>Carbohydrates</b> | 12.05g  |                  |        |
| <b>Fiber</b>         | 1.00g   |                  |        |
| <b>Sugar</b>         | 1.05g   |                  |        |
| <b>Protein</b>       | 3.00g   |                  |        |
| <b>Vitamin A</b>     | 0.00IU  | <b>Vitamin C</b> | 0.00mg |
| <b>Calcium</b>       | 2.00mg  | <b>Iron</b>      | 6.00mg |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

No 100g Conversion Available