

Sandwich Fixings



Servings:	50.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-15964
School:	ANDERSON COUNTY HIGH		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE CHOP	1/2 Cup		735787
TOMATO 6X6 LRG	1 Slice	slice tomatoes	199036
CHEESE AMER YEL 160CT SLCD	1 Slice		271411
PICKLE DILL SLCD HAMB	1 Ounce		149195
ONION RED JUMBO	1 Ounce	slice onions	198722

Preparation Instructions

make sure lettuce is washed, chopped and ready to go. Everything should be in its own bowl for the high school. Everyone else can boat together.

Meal Components (SLE)

Amount Per Serving

Meat	0.010
Grain	0.000
Fruit	0.000
GreenVeg	0.005
RedVeg	0.005
OtherVeg	0.009
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	1.49		
Fat	0.09g		
SaturatedFat	0.05g		
Trans Fat*	0.00g		
Cholesterol	0.25mg		
Sodium	7.02mg		
Carbohydrates	0.14g		
Fiber	0.03g		
Sugar	0.07g		
Protein	0.07g		
Vitamin A	7.51IU	Vitamin C	0.17mg
Calcium	1.78mg	Iron	0.01mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available