

Taco Fixing



Servings:	50.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-15969
School:	ANDERSON COUNTY HIGH		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE CHOP	1/2 Cup		735787
CHEESE CHED MLD SHRD FINE	1/2 Cup		191043
TOMATO 6X6 LRG	1/4 Cup	dice up tomatoes	199036
SALSA 103Z	1/2 Cup	READY_TO_EAT None	452841
ONION RED JUMBO	1/4 Cup	Dice onions	198722

Preparation Instructions

Put in individual containers. If your school cups then 4 oz cups

Meal Components (SLE)

Amount Per Serving

Meat	0.040
Grain	0.000
Fruit	0.000
GreenVeg	0.005
RedVeg	0.012
OtherVeg	0.011
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	5.37		
Fat	0.36g		
SaturatedFat	0.20g		
Trans Fat*	0.00g		
Cholesterol	1.20mg		
Sodium	10.61mg		
Carbohydrates	0.26g		
Fiber	0.03g		
Sugar	0.09g		
Protein	0.27g		
Vitamin A	11.11IU	Vitamin C	0.18mg
Calcium	8.42mg	Iron	0.04mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available