

Cinnamon Sugar Toast



Servings:	21.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-15971
School:	ANDERSON COUNTY HIGH		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
24 OZ WGR SANDWICH BREAD (21C)	21 1 Slice		1292
SUGAR CANE GRANUL	1/4 Teaspoon		108642
SPICE CINNAMON GRND	1/4 Teaspoon		224723

Preparation Instructions

Mix cinnamon and sugar. Spray bread, sprinkle with mixture and toast.2-4 mins

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 21.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories	70.18		
Fat	1.00g		
SaturatedFat	0.00g		
Trans Fat*	0.00g		
Cholesterol	0.00mg		
Sodium	75.00mg		
Carbohydrates	12.05g		
Fiber	1.00g		
Sugar	1.05g		
Protein	3.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	2.00mg	Iron	6.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available