

Chicken Tender Wrap



Servings:	50.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-15811
School:	ANDERSON COUNTY HIGH		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX TNRD WGRAIN FC	2 Piece	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	283951
TORTILLA FLOUR ULTRGR 9IN	1 Each		523610
Cheese, Cheddar Reduced fat, Shredded	1 Ounce		100012
LETTUCE SHRD TACO 1/8CUT	1 Cup		242489

Preparation Instructions

once chicken is cool to 41 degrees. Place chicken , cheese and lettuce and fold.
ACHS will put wrap in bowl then add chicken, cheese and lettuce.

Meal Components (SLE)

Amount Per Serving

Meat	0.047
Grain	0.058
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.007
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories	8.67		
Fat	0.41g		
SaturatedFat	0.17g		
Trans Fat*	0.00g		
Cholesterol	0.73mg		
Sodium	12.27mg		
Carbohydrates	0.87g		
Fiber	0.13g		
Sugar	0.08g		
Protein	0.44g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	1.58mg	Iron	0.07mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available