

Hot Ham and Cheese



Servings:	100.00	Category:	Entree
Serving Size:	5.50	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23018
School:	ANDERSON COUNTY HIGH		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
3.5 WG Hamburger Bun	1 Each	READY_TO_EAT	3354
CHEESE AMER YEL 160CT SLCD	1 Slice		271411
HAM SLCD .5Z	4 Slice	Heat ham to 165	294187

Preparation Instructions

after heating ham, put ham and cheese on bun. hold at 140 degrees.

Meal Components (SLE)

Amount Per Serving

Meat	0.020
Grain	0.015
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 5.50

Amount Per Serving			
Calories		2.20	
Fat		0.08g	
SaturatedFat		0.03g	
Trans Fat*		0.00g	
Cholesterol		0.33mg	
Sodium		7.90mg	
Carbohydrates		0.23g	
Fiber		0.02g	
Sugar		0.05g	
Protein		0.17g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.67mg	Iron	0.08mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available