

Baked Apples



Servings:	96.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-15799
School:	ANDERSON COUNTY HIGH		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE SLCD 6-10 COMM	4 #10 CAN		120500
SUGAR BROWN LT 12-2 GFS	1 1/2 Cup		314641
SPICE CINNAMON GRND	1 1/2 Tablespoon		224723
SUGAR CANE GRANUL	1/2 Cup		108642
FLAVORING VANILLA IMIT	1/2 Cup		110736
BUTTER PRINT UNSLTD GRD AA	1 Fluid Ounce 1 Tablespoon (3 Tablespoon)		299405

Preparation Instructions

Spray pan, mix all ingredients well. Bake at 350 for 45 mins or until they reach 165 degrees.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.539
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 96.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	72.06		
Fat	0.34g		
SaturatedFat	0.22g		
Trans Fat*	0.00g		
Cholesterol	0.94mg		
Sodium	11.03mg		
Carbohydrates	16.93g		
Fiber	1.08g		
Sugar	13.70g		
Protein	0.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.09mg	Iron	0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available