

Chilled Fruit-Middle



Servings:	24.00	Category:	Fruit
Serving Size:	0.50	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-16174
School:	ANDERSON CO MIDDLE SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PINEAPPLE TIDBITS IN JCE	1/2 Cup		189979
ORANGES MAND IN JCE	1/2 Cup		612448
PEAR SLCD IN JCE	1/2 Cup		610399
FRUIT COCKTAIL WTR PACK	1/2 Cup		167592
PEACH SLCD IN JCE	1/2 Cup		610267
APPLESAUCE IN JCE NSA	1/2 Cup		610283
APPLE SLCD W/P	1/2 Cup		117773

Preparation Instructions

open and serve in container according to your

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.078
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 24.00

Serving Size: 0.50

Amount Per Serving			
Calories	16.03		
Fat	0.00g		
SaturatedFat	0.00g		
Trans Fat*	0.00g		
Cholesterol	0.00mg		
Sodium	1.25mg		
Carbohydrates	3.83g		
Fiber	0.32g		
Sugar	3.07g		
Protein	0.08g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	2.22mg	Iron	0.03mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available