

Peas



Servings:	24.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-15858
School:	ANDERSON COUNTY HIGH		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEAS R/SOD 6-10 P/L	1 #10 CAN		222000
SPICE PEPR BLK REG FINE GRIND	1 Teaspoon		225037
BUTTER PRINT UNSLTD GRD AA	1 Fluid Ounce		299405

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.539

Nutrition Facts

Servings Per Recipe: 24.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories		73.00	
Fat		0.92g	
SaturatedFat		0.58g	
Trans Fat*		0.00g	
Cholesterol		2.50mg	
Sodium		140.11mg	
Carbohydrates		11.86g	
Fiber		3.23g	
Sugar		4.31g	
Protein		4.31g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	21.81mg	Iron	0.86mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available