# Strawberry & Blueberry Yogurt Parfait w/Granola



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-20120
School:	Wingo Elementary School		

## **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
CEREAL GRANOLA TSTD OAT	2 Ounce	READY_TO_EAT Ready to eat dry cereal packaged for cereal dispensers	711664
STRAWBERRY DCD 1/2IN IQF	1/4 Cup	READY_TO_EAT Ready to Eat	621420
BLUEBERRY FREE-FLOW IQF 30 GCHC	1/4 Cup		119873

## **Preparation Instructions**

READY\_TO\_EAT

Ready to use with pouch & serving tip.

Strawberries - Thaw and top yogurt

Granola

READY\_TO\_EAT

Ready to eat dry cereal packaged for cereal dispensers

CCP: Hold for cold service at 41° F or lower.

# Meal Components (SLE) Amount Per Serving

Amount of Serving	
Meat	1.119
Grain	1.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per Serving				
Calories	264.44			
Fat	5.25g			
SaturatedFat	0.87g			
Trans Fat*	0.00g			
Cholesterol	3.73mg			
Sodium	154.70mg			
Carbohydrates	50.38g			
Fiber	2.50g			
Sugar	28.42g			
Protein	6.23g			
Vitamin A 0.00IU	Vitamin C	0.00mg		
Calcium 134.33mg	Iron	1.05mg		

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

### **Nutrition - Per 100g**

No 100g Conversion Available