

Chicken N' A Box



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-20966
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST CHNK BRD WGRAIN 4-5#	4 Each	Bake for 12-14 minutes at 375 degrees. Turn the product after 6 minutes. Continue to cook until internal temperatures reaches 165 degrees.	747651

Preparation Instructions

Bake for 12-14 minutes at 375 degrees. Turn the product after 6 minutes. Continue to cook until internal temperatures reaches 165 degrees.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		210.00	
Fat		6.00g	
SaturatedFat		1.00g	
Trans Fat*		0.00g	
Cholesterol		50.00mg	
Sodium		500.00mg	
Carbohydrates		19.00g	
Fiber		0.00g	
Sugar		0.00g	
Protein		19.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	17.00mg	Iron	2.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available