

Macaroni & Cheese Entree



Servings:	1.00	Category:	Entree
Serving Size:	6.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28975
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE MACAR & CHS WGRAIN 6-5# JTM	6 Ounce	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.	150731

Preparation Instructions

KEEP FROZEN Place sealed bag in a steamer or in boiling water.
Heat approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.
CCP: Heat to 165° F or higher for at least 15 seconds.
CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00 Ounce

Amount Per Serving			
Calories		298.60	
Fat		12.10g	
SaturatedFat		6.70g	
Trans Fat*		0.01g	
Cholesterol		36.00mg	
Sodium		649.30mg	
Carbohydrates		32.00g	
Fiber		2.10g	
Sugar		8.00g	
Protein		15.30g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	383.00mg	Iron	1.07mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories		175.55	
Fat		7.11g	
SaturatedFat		3.94g	
Trans Fat*		0.01g	
Cholesterol		21.16mg	
Sodium		381.72mg	
Carbohydrates		18.81g	
Fiber		1.23g	
Sugar		4.70g	
Protein		8.99g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	225.17mg	Iron	0.63mg

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