Banana Bread



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-35568
School:	Central Elementary School		
Ingredients			
Description	Measurement	Prep Instructions	DistPart #
BREAD BANANA IW	1 Each	THAW AT ROOM TEMPERATURE.	230361

Preparation Instructions

THAW AT ROOM TEMPERATURE.

Meal Components (SLE)

Amount Per	Serving
	Meat

Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

0 0 0 0

Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per Serving			
Calories	260.00		
Fat	8.00g		
SaturatedFat	1.50g		
Trans Fat*	0.00g		
Cholesterol	0.00mg		
Sodium	240.00mg		
Carbohydrates	45.00g		
Fiber	2.00g		
Sugar	24.00g		
Protein	5.00g		
Vitamin A 0.00IU	Vitamin C 0.00mg		
Calcium 159.00mg	Iron 1.00mg		

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available