

Berry Salad



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-12146
School:	Wingo Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Lettuce CHL Romaine Chol 6/2 LB BG- Graves County Schools	1 Cup	Ready To Eat	15D44
Baby Spinach	1 Cup	Ready To Eat	15R76
ORANGES MAND IN JCE	1/4 Cup	Ready To Eat	612448
Strawberries RF Clamshell 8/1 LB CO- Graves County Schools	1/4 Cup	Ready To Eat	17W87
CHIX BRST STRP FC LRG	1 1/2 Ounce	Ready To Eat	219011
DRIED CRANBERRIES PREM	1/8 Cup	Ready To Eat	741950
BLUEBERRY	1/4 Cup	Ready To Eat	451690
CHEESE MOZZ SHRD	1 Ounce	READY_TO_EAT Preshredded. Use cold or melted.	645170
CROUTON CHS GARL WGRAIN	2 Package	READY_TO_EAT Ready to use.	661022

Description	Measurement	Prep Instructions	DistPart#
CRACKER GLDFSH WGRAIN COLOR	1 Package	READY_TO_EAT Ready to Enjoy	112702

Preparation Instructions

Salad Container- 108301

Place romaine and spinach in the bottom of the salad container.

Place items in the order listed below from left to right on top of the lettuce.

Blueberries, Strawberries, Chicken, Mandarin Orange, Craisins, Mozzarella Cheese

Breadstick- THAW & SERVE FOR 1-2 HOURS. HEAT AT 350 FOR 2-3 MINUTES IF DESIRED.

CCP: Hold for cold service at 41° F or lower.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.750
GreenVeg	1.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Each			
Amount Per Serving			
Calories		509.68	
Fat		25.38g	
SaturatedFat		4.26g	
Trans Fat*		0.00g	
Cholesterol		52.50mg	
Sodium		794.14mg	
Carbohydrates		66.35g	
Fiber		4.41g	
Sugar		24.81g	
Protein		49.36g	
Vitamin A	4114.23IU	Vitamin C	26.65mg
Calcium	256.47mg	Iron	3.63mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available	
------------------------------	--