

# Bacon, Egg & Cheese Croissant



<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-35561
<b>School:</b>	Central Elementary School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG OMELET SKLLT CHS	1/2 Each	<b>BAKE</b> For best results reheat product from fully thawed state. Line sheet trays with pan liner or non-stick spray. Place product on sheet trays and cover with foil before placing in oven. Preheat oven to 350F. Cook thawed product for approx. 10 minutes. Cook frozen product for approx. 20 minutes.	728460
BACON CKD THN SLCD	1 Slice	<b>Bacon</b> Standard Prep: Place bacon on sheet pan. Heating time 7-9 minutes for full sheet pan in 350 F convection oven.	874124
CROISSANT BKD PLN MARG SLCD	1 Each	<b>BAKE</b> Standard Prep: Thaw to room temperature and serve. <b>THAW</b> Baked croissants require limited preparation, just thaw and serve.	120872

## Preparation Instructions

Croissant

Standard Prep: Thaw to room temperature and serve. Baked croissants require limited preparation, just thaw and serve.

Bacon

Standard Prep: Place bacon on sheet pan. Heating time 7-9 minutes for full sheet pan in 350 F convection oven.

Egg Omelet

BAKE

For best results reheat product from fully thawed state. Line sheet trays with pan liner or non-stick spray. Place product on sheet trays and cover with foil before placing in oven. Preheat oven to 350F. Cook thawed product for approx. 10 minutes. Cook frozen product for approx. 20 minutes.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components (SLE)

Amount Per Serving	
Meat	1.167
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Serving			
Amount Per Serving			
Calories		353.33	
Fat		18.40g	
SaturatedFat		8.20g	
Trans Fat*		0.01g	
Cholesterol		138.33mg	
Sodium		533.53mg	
Carbohydrates		33.00g	
Fiber		1.10g	
Sugar		5.50g	
Protein		12.93g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	78.50mg	Iron	2.26mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available