

Cocoa Yogurt Parfait



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-35597

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
Cocoa	1 Tablespoon	Ready To Eat	269654
CEREAL COCOA PUFFS	1 Ounce	Ready To Eat	130745
non dairy whipped topping	1 Fluid Ounce	THAW	
SYRUP CHOC	1 Tablespoon		199133

Preparation Instructions

Layer-
Yogurt
Cocoa Puffs
On Top
Chocolate Syrup
Clear Container- 792220
CCP- Hold for cold service at 41° or lower.

Meal Components (SLE)

Amount Per Serving

Meat	1.000
Grain	1.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		400.89	
Fat		3.85g	
SaturatedFat		0.97g	
Trans Fat*		0.00g	
Cholesterol		3.73mg	
Sodium		234.00mg	
Carbohydrates		86.38g	
Fiber		2.90g	
Sugar		53.92g	
Protein		7.53g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	307.14mg	Iron	12.85mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available