

Club Sandwich



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-35624

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD 6IN	1 Each	Thawing Instructions KEEP FROZEN - ALLOW 1 TO 2 HOURS AT ROOM TEMPERATURE BEFORE USING Basic Preparation READY TO USE AFTER THAWING.	219670
TURKEY BRST SLCD OVN RSTD	2 1/2 Ounce	Ready to eat.	344120
BACON CKD THN SLCD	1 Slice	Basic Preparation HEAT ON GRILL FOR 30 SECONDS PER SIDE MICROWAVE ON HIGH FOR 10 SECONDS PER STRIP BAKE IN OVEN FOR 1-2 MINUTES UNTIL DESIRED CRISPINESS	874124
CHEESE SLCD YEL	1 Slice	Ready to eat.	334450
HAM SMKD RND CLSC W/A	1 1/2 Ounce	Ready to eat.	179906

Preparation Instructions

Bacon- Basic Preparation

HEAT ON GRILL FOR 30 SECONDS PER SIDE MICROWAVE ON HIGH FOR 10 SECONDS PER STRIP BAKE IN OVEN FOR 1-2 MINUTES UNTIL DESIRED CRISPINESS

Meal Components (SLE)

Amount Per Serving

Meat	4.192
Grain	1.750
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		328.33	
Fat		10.50g	
SaturatedFat		3.95g	
Trans Fat*		0.01g	
Cholesterol		70.83mg	
Sodium		1783.53mg	
Carbohydrates		30.20g	
Fiber		1.00g	
Sugar		2.70g	
Protein		29.63g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	31.00mg	Iron	2.85mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available