

Fruit & Yogurt Plate



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-41496

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE STRING MOZZ IW	1 Each	Ready To Eat	786580
YOGURT DANIMAL VAN N/F	1 Each	Ready To Eat	200612
CANTALOUPE HNYDEW CHNK	1/2 Cup	Ready To Eat	154415
CRACKER CHEEZ-IT WGRAIN	1 Package	Ready To Eat	512342

Preparation Instructions

Container-

CCP: Hold for cold service at 41° F or lower.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.500
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		315.00	
Fat		10.50g	
SaturatedFat		5.00g	
Trans Fat*		0.00g	
Cholesterol		25.00mg	
Sodium		470.00mg	
Carbohydrates		43.00g	
Fiber		2.90g	
Sugar		19.00g	
Protein		13.80g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	337.00mg	Iron	1.41mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available