

Turkey & Cheese Sandwich



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-44081
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND TKY HAMCHS WGRAIN IW	1 Each	Basic Preparation Convention Oven (Frozen): 350 degrees F for 30-35 minutes. (Thawed): 350 degrees F for 18-20 minutes. Convection Oven (Frozen): 325 degrees F for 30-35 minutes. (Thawed): 325 degrees F for 18-20 minutes. Thawing Instructions Do not remove wrap from product. Place product in walk-in refrigerator or pan up on sheet pans for at least 24 hours prior to serving.	672642

Preparation Instructions

Basic Preparation

Convention Oven (Frozen): 350 degrees F for 30-35 minutes. (Thawed): 350 degrees F for 18-20 minutes.

Convection Oven (Frozen): 325 degrees F for 30-35 minutes. (Thawed): 325 degrees F for 18-20 minutes.

Thawing Instructions

Do not remove wrap from product. Place product in walk-in refrigerator or pan up on sheet pans for at least 24 hours prior to serving.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		186.20	
Fat		4.20g	
SaturatedFat		1.40g	
Trans Fat*		0.00g	
Cholesterol		17.00mg	
Sodium		392.20mg	
Carbohydrates		27.00g	
Fiber		2.00g	
Sugar		5.00g	
Protein		10.60g	
Vitamin A	121.85IU	Vitamin C	0.00mg
Calcium	105.20mg	Iron	1.85mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available