

Fajita Chicken Nachos



Servings:	1.00	Category:	Entree
Serving Size:	3.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50898
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
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CHIX BRST STRP FAJT GRLLD

3 Ounce

BAKE

Appliances vary, adjust accordingly.

Conventional Oven

15 - 18 minutes at 400°F from frozen.

CONVECTION

Appliances vary, adjust accordingly.

Convection Oven

4 - 6 minutes at 400°F from frozen.

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MICROWAVE

Appliances vary, adjust accordingly.

Microwave

4 1

2 - 5 1

2 minutes on high setting from frozen.

UNPREPARED

Preparation Instructions

Bake the chicken at 375 degrees for 8-10 minutes or until 165 degrees. Mix pulled chicken with queso sauce and place in the warmer. The recipe from Parsley Marketing stated the recipe made 60 servings.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Use a 3 oz. spoodle.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 3.00 Ounce

Amount Per Serving			
Calories	100.00		
Fat	2.50g		
SaturatedFat	1.00g		
Trans Fat*	0.00g		
Cholesterol	45.00mg		
Sodium	530.00mg		
Carbohydrates	3.00g		
Fiber	0.00g		
Sugar	1.00g		
Protein	17.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories		117.58	
Fat		2.94g	
SaturatedFat		1.18g	
Trans Fat*		0.00g	
Cholesterol		52.91mg	
Sodium		623.17mg	
Carbohydrates		3.53g	
Fiber		0.00g	
Sugar		1.18g	
Protein		19.99g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

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